

THE WELLNESS COMMITTEE INVITES YOU  
to join

A STEP AHEAD  
**ZOMBIES™**



## Walking/Fitness Challenge

The Zombie Challenge is a 6-week interactive web-based Walking/Fitness Challenge. This 5-member team event begins on May 2nd. Teams will be racing against a horde of **Zombies** trying to be the first team to reach the safehouse each week. Every day the Zombie horde advances and every day you must stay at least one step ahead of them. All of your team member's steps are averaged to keep the team moving forward. There is a story that unravels over the course of each week as your team races to the finish.

### **Will your team make it out together?**

Please see the attached Question and Answer sheet for all the details.

Talk to your co-workers today to organize your 5-member team.  
Let Margaret know at x2510 if you need help finding team members.

#### **To join the Zombie Challenge**

go to: <https://zombiestepchallenge.eventbrite.com>

(Click on the green register button and follow the instructions.)

You will need to include your team name on your registration.

Register no later than 8:00 a.m. on Thursday, April 21, 2016.

After registering, watch your e-mail for further instructions on how to access the Zombie website.

*Brought to you by the Wellness Committee ~ From Good to Grande*